

IN SPIRITUALISM

Spiritualists bless areas before special ceremonies using the 4 Directions, 4 colors, 4 Archangels & 4 Elements.

Element	Color	Directions	Archangel	
Fire	Red	South	Michael	Who is like God?; Protector
Air / Wind	Yellow	East	Raphael	God's Healer
Water	Blue	West	Gabriel	Strength of God; Messenger
Earth	Black	North	Uriel	Of Nature; Repentance Punisher of those who harm nature

ZARATHUSTRA, 6th century BC Iranian prophet called Zoroaster, first to teach monotheism, SAID THE ELEMENTS ARE ESSENTIAL TO LIFE.

SOME CULTURES TAKE THE ELEMENTS AS PHYSICAL; OTHERS TAKE THEM AS ENERGY, OR EMOTIONALLY.

Various Native American tribes had variations of the 4 colors, elements and meaning of directions.

LAKOTA also calls the directions the Four Winds and add 2 directions:

South	White	Warmth	Grow	We are born from and at death return through the Milky Way
East	Yellow	Dawn	Light	Morning prayer for wisdom
West	Black	Accept self	Darkness (sunset)	End of life.
North	Red	Cold winds	Cleansing	Patience; rest from trials
Up	Blue	Sky		
Down	Green	Mother Earth		

POTAWATAMI

East	Dawn	Illumination	Rebirth
South	High sun	Strength	Generous Heart; Sensitivity to others
West	Darkness leads to contemplation	Acceptance	Inner Thoughts
North	Winter	White hair elders; insight; true wisdom, survival	Lesson: Keep Spirit strong due to loneliness and depression

Some cultures have 5 elements including metal, wood, or ether (aether). Ether is non-physical.